

# RHYTHM CUPS

SONGS AND ACTIVITIES FOR SCHOOLS  
RHYTHM CUP ACTIVITIES BY JOHN JACOBSON

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## RHYTHM CUP PATTERNS FOR **CAN'T STOP THE FEELING**

FROM TROLLS

Here are three different rhythm cup patterns that are musically reflective of the song and fun to do. Learn each pattern first and then try them with the music. Rhythm Cup Players have 1 cup upside down in R hand.



ONLINE



= Tap top of cup to table



= Pick up cup,  
pat bottom with L hand



= Tap top of cup to table L



= Tap top of cup to table R



= Tap top of cup to table centre



= Slide cup on table from L to R

Words and Music by JUSTIN TIMBERLAKE,  
MAX MARTIN and SHELLBACK  
Arranged by ROGER EMERSON

### PATTERN 1



### PATTERN 2



### PATTERN 3



Learn each pattern, then play along with  
“Can’t Stop this Feeling” in this order:

1. Introduction, 4 bar rest
2. Pattern 1 (7 times) *Stop with cup down*
3. Pattern 2 (8 times)
4. Pattern 3 (12 times)
5. Pattern 2 (8 times)
6. Pattern 3 (14 times)
7. Pattern 1 (11 times) *Stop with cup down*

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